

# FROM THE DEPTHS OF THE GIFTED

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2 OF MY FAVORITE POEMS FROM MY FIRST BOOK OF POETRY

PRESENTED BY THREEKEYLIFE

POEMS BY JEFFON SEELY

# FOCUS

Focus, take a moment to pause  
reflect the direction, follow your heart,  
align yourself with the stars  
true nature will not allow greed to be involved,  
unless, eyes remain closed behind doors of truth,  
while the mind occupies self gratifying attitudes,  
improper use of the tools we've been given for progression,  
corruption, brainwashed conditions,  
Your Thoughts will be whether you think them,  
watch them, or listen,  
we as individuals bring Life into existence,  
no arguing, complaining is not tolerated,  
all that is was allowed,  
but the power possessed within  
proves we can change the now.  
Focus, take a moment to pause,  
Reflect the direction and follow your heart,  
in order to start, be patient, seek from within,  
the same Energy raises all Life, once the day begins.

# TODAY IS CREATED NOW

A wise elder once said,  
“This world is all in your head,  
Be prepared for the Now, that’s what lies ahead.”  
This means this moment is the only thing necessary,  
holds complete meaning and creates destiny,  
countless directions and forks we can stroll  
our heart is the guide that knows where these paths go.  
There is communication between ourselves and our True Being,  
Love is the voice that is always speaking.  
Take heed to the whispers,  
the Spirit in yourself,  
the origin of truth that surfaced from the depths,  
of your soul, from the Light, which eliminates the darkness,  
Love radiates, illuminating knowledge,  
an accumulation, this necessary now,  
the days we see, sleep, then another one comes about,  
Love this hour,  
this minute,  
this second,  
this day,  
live with Love,  
allow Life to lead the way.